

## 營養師 Dietitians



## 認可醫療專業註冊計劃

為現時毋須進行法定註冊的合資格醫療專業團體提供認證，以確保專業團體的管治水平及醫療人員的專業水平，並為市民提供更多資訊，協助他們在選擇醫療服務提供者時作出決定。

在「一個專業、一個專業團體、一份名冊」的原則下，香港認可營養師學院獲衛生署授權為認可醫療專業團體，負責管理營養師名冊。

香港認可營養師學院獲准於其網頁及簽發予會員的註冊證明書上使用「認可標誌」。其會員亦可在名片上使用「衛生署認可營養師名冊會員」的名銜，讓公眾容易識別。

留意「認可標誌」  
智選醫療服務提供者



認可醫療專業名冊

[www.ars.gov.hk](http://www.ars.gov.hk)

## The Accredited Registers Scheme for Healthcare Professions (AR Scheme)

accredits eligible professional organisations of healthcare professions currently not subject to statutory registration with a view to ensuring the governance of the professional bodies, professional competency of healthcare personnel, and providing more information for the public to make informed decisions when choosing healthcare service providers.

Under the principle of "One Profession, One Professional Body, One Register", the Hong Kong Academy of Accredited Dietitians (HKAAD) has been authorised by the Department of Health as the accredited healthcare professional body responsible for administering the register of dietitians.

The HKAAD is permitted to use the Accreditation Mark on its website and Certificates of Registration issued to its members. Members of the HKAAD can use the title "Member of Register of Dietitians accredited by Department of Health" on their name cards for easy identification by the public.

Choosing healthcare service  
providers wisely with the  
"Accreditation Mark"



認可醫療專業註冊計劃  
Accredited Registers Scheme for Healthcare Professions

[www.ars.gov.hk](http://www.ars.gov.hk)



香港認可營養師學院  
Hong Kong Academy of Accredited Dietitians

[www.hkaad.hk](http://www.hkaad.hk) [admin@hkaad.hk](mailto:admin@hkaad.hk)





**營養師**已接受臨床營養學訓練，可為健康及慢性病患者提供個人營養飲食治療，包括營養狀況評估、設計個人化飲食計劃、提供營養諮詢，及為不能透過飲食滿足所需營養或身體有額外營養需求的人士建議使用營養補充品等。

營養師可在不同的領域服務，當中包括醫療服務、健康與保健、社區健康及公共衛生、企業和私人執業、商務及營養信息學、餐飲服務、學術研究，和運動營養。

**Dietitians** are clinically trained to provide individualised medical nutrition therapy to both the healthy people and those with chronic illnesses, which includes nutritional assessment, designing individualised meals plans, providing nutritional counselling and recommending nutritional supplements for those who are unable to meet their nutritional needs with diet and food or with increased nutritional needs, etc.

Dietitians may practise in diverse areas, including healthcare services, health and wellness, community and public health, entrepreneurial and private practice, business and nutrition informatics, catering service, academic and research, and sports nutrition.



Hong Kong Academy of  
**Accredited Dietitians**  
香港認可營養師學院

### 香港認可營養師學院

透過建立營養師執業的典範來  
促進公眾的營養健康和安全。

**Hong Kong Academy of  
Accredited Dietitians  
(HKAAD)** promotes nutritional  
health and safety of the public  
through excellence in dietetic  
practice.

香港認可營養師  
學院的職責：  
The functions of  
HKAAD are:

以合法程序處理查詢、  
投訴及違反操守的個案  
to handle enquiries, complaints  
or violation of dietetic practice  
legitimately



✉ [admin@hkaad.hk](mailto:admin@hkaad.hk)

📍 [www.hkaad.hk](http://www.hkaad.hk)



管理本港認可營養師名冊  
to manage the register of  
accredited dietitians  
in Hong Kong



促進及加強認可營養師  
的專業水準及操守  
to promote and reinforce  
professional practice and  
conduct among accredited  
dietitians



保護公眾免受於專業失當，  
提升公眾對營養師的信心  
to protect the public from  
malpractice and enhance their  
confidence in dietitians



幫助公眾及僱主尋找  
合資格的營養師服務  
to facilitate the public and  
employers to seek for services  
from qualified accredited  
dietitians



透過持續專業進修，確保  
認可營養師的專業水平  
to ensure the competence of  
accredited dietitians by  
continuing professional  
development



成為「衛生署認可營養師名冊會員」  
Becoming "Member of Register of Dietitians  
accredited by Department of Health"

#### 香港受訓：

- 持本地大學認可營養治療學碩士學位或深造文憑
- 課程須符合香港認可營養師學院制定的能力標準

#### 海外受訓：

- 持大學認可營養治療學碩士學位、深造文憑或學士學位
- 課程須符合香港認可營養師學院制定的能力標準
- 於獲得資格的地區擁有當地營養師協會/註冊局當前有效的註冊/會員資格

#### Trained in Hong Kong:

- Hold a Master's degree or post-graduate diploma in recognised dietetic programme of a local university
- The recognised dietetic programme should meet the competency standards set by HKAAD

#### Trained outside Hong Kong:

- Hold a Master's degree or post-graduate diploma or a Bachelor's degree in recognised dietetic programme of a university
- The recognised dietetic programme should meet the competency standards set by HKAAD
- Hold a current registration/membership of the dietitian association/registration board in the country where they acquired the qualification